

WE ARE A HARVEST COMMUNITY

Harvest Manitoba is dedicated to nourishing and empowering our communities so that no Manitoban goes hungry. We operate the largest community food network in the province to alleviate hunger, promote access to nutritious foods, and support healthier living for those living in poverty in Manitoba.

Thanks to our generous community, Harvest Manitoba supports over 100,000 Manitobans every month, including children, seniors, and hardworking families, through a province-wide network of more than 400 partner agencies.



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Donations: 204-982-3581

Did you know...

Harvest Manitoba is one of Canada's largest food distributors, and we share over **13 million lbs.** of food with our Community Food Network every year?

Harvest Manitoba's Programs

Since 2018, Harvest has provided K-8 students in underserved communities with kits of healthy food items, helping children stay on top of their nutrition over the weekend so they're ready to learn on Monday morning. Currently, the program feeds 7,000 students every week.



Thanks to generous donor support and corporate involvement, our 6-week training program teaches warehouse skills to Manitobans facing barriers to employment. This program helps students improve their financial situation, leading to less reliance on food banks and a brighter future.

Since 2008, we have provided baby formula, baby cereal, diapers, and other infant care essentials to struggling parents with newborns. Currently, we support 2,000 babies each month province-wide.



Since 1986, Harvest has redistributed our community's produce to our food bank clients. Grow-A-Row has yielded over 4 million lbs. of produce in total, which translates to approximately 100,000 lbs. annually!

Harvest Manitoba is proud to work hand-in-hand with Indigenous leadership and communities across the north to improve food security and deliver support to isolated regions. Every year, we deliver hundreds of thousands of pounds of food by air and ice road to northern Manitoba. These shipments include nutritious, non-perishable staples like flour, cooking oil, pasta, and protein-rich items like beans and lentils.



Our network includes and supports over **400** food banks and agencies across Manitoba



In 2024-2025, **9,465 tonnes** of greenhouse gases were diverted through food recovery



Canadian Food Bank to partner with Nutrition North Canada



As of February 2025, our network supported over **100,000** Manitobans every month



Our volunteers donated over **66,000** volunteer hours per year to meet the needs in our community.



In 2024-2025 an average **21,799** households visited a food bank every month.